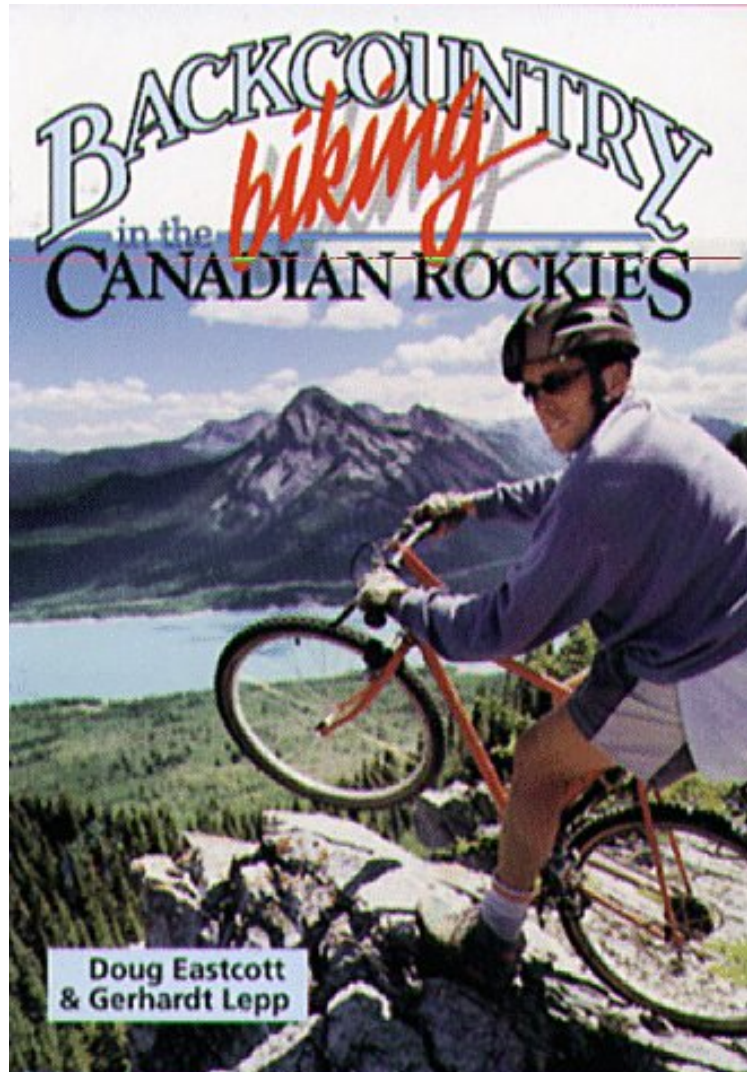


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Backcountry Biking in the Canadian Rockies

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Doug Eastcott, Gerhardt Lepp : Backcountry Biking in the Canadian Rockies before purchasing it in order to gauge whether or not it would be worth my time, and all praised Backcountry Biking in the Canadian Rockies:

0 of 0 people found the following review helpful. Five Stars By D A Mitchell Excellent guide book with good maps, directions and variety of great rides. 0 of 0 people found the following review helpful. Lots of Good Information! By Edith Lott This book has lots of trails described and good information and maps about the trails. 3 of 3 people found the following review helpful. Comprehensive guide book By A Customer This guide book gives a good review of all the major mountain biking trails in Southern Alberta. The maps are good and there are entertaining photos throughout of some vintage mountain bikers. The difficulty ratings are quite realistic, in my opinion.

The first and best guide written by respected local mountain bikers. Updated and expanded, this second edition covers over 200 trails in the Rocky Mountains of Alberta and British Columbia from the International Boundary to Grande Cache in the north, and from the Eastern Slopes to the deep forests of the Columbia River valley.

About the AuthorGerhardt Lepp, author of the first edition of Backcountry Biking, is a former park ranger and naturalist in provincial and national parks throughout Alberta. Doug Eastcott is a native Calgarian who has spent most of his life exploring the Rockies. He holds a BSc in Zoology and has worked as a park warden in the mountain national parks.