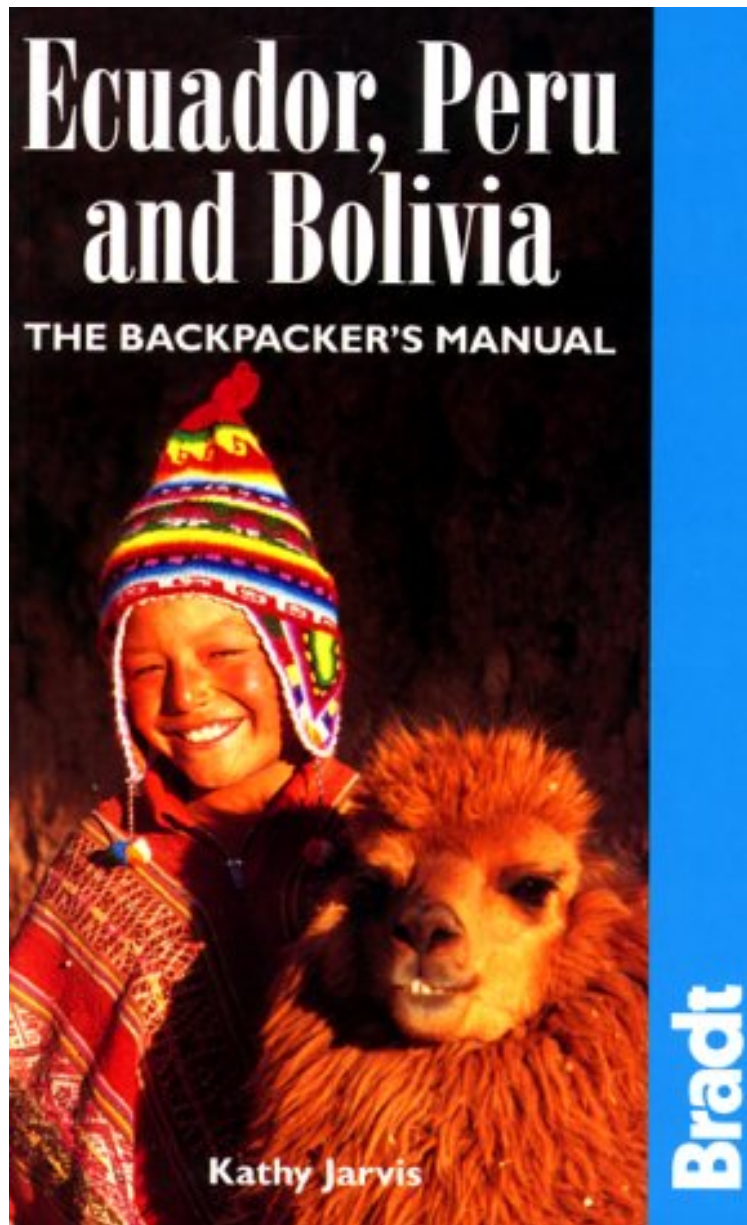


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## Ecuador, Peru And Bolivia: The Backpacker's Manual

*Kathy Jarvis*

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**Kathy Jarvis : Ecuador, Peru And Bolivia: The Backpacker's Manual** before purchasing it in order to gage whether or not it would be worth my time, and all praised Ecuador, Peru And Bolivia: The Backpacker's Manual:

0 of 0 people found the following review helpful. a poor beginningBy kanonmickeIm on my way to travel Ecuador and Peru and spend time on high altitude.This book only handles a few major citys and a few hostels, poor maps and

just ordinary warnings that you should be careful in bus stations and when its dark. Quite useless for me. 17 of 17 people found the following review helpful. A Good Start By Leonardo Moraes Menezes I just came back from a trip to Bolivia, Peru and Ecuador and this book was a very good way to prepare myself to it before going. Its sugestions for equipment and what you really need to carry or not with you were great. But once I got there, some problems start to happen: like incorrect or missing info about remote parts of Ecuador, cordillera Blanca in Peru or cordillera Real in Bolivia. It gave me the impression that they are really at the beggining of their explorations, but I am sure that the following updated editions are going to be really good, since they have some nice background information about the history, culture and tourist sights of each country. Although they are not 100% either, you can trust in Peru and Bolivia: Backpacking and Trekking or Climbing and Hiking in Ecuador, both from Bradt Books. But your best choice is really to buy the Lonely Planet guides for each of these countries, since they are the most reliable in the market today.

Includes suggested itineraries and adventure activities, planning and preparation, including health and safety as well as where to stay, where to eat and what to see. It lists wildife and national parks, Inca and pre-Inca sites, from Machu Picchu to Samaipata, voluntary work and language schools, 95 maps, town plans and site plans.

From the Back Cover Ecuador, Peru and Bolivia, at the heart of the old Inca Empire, are the three most frequently visited countries in South America and together form a natural circuit for backpackers. From the grandeur of the snow capped Andes to the rainforests and Darwin's Galapagos Islands, there is something for everyone: colorful festivals, the mystery of lost civilizations and a wealth of wildlife, as well as trekking, climbing and river trips. Take your pick! Ecuador, Peru Bolivia: The Backpacker's Manuel is the only guide to cover this region in one volume: the essential companion for every backpacker and budget traveler. This guide includes suggested itineraries and adventure activities, planning and preparation, including health and safety as well as where to stay, where to eat and what to see. It lists wildife and national parks, Inca and pre-Inca sites, from Machu Picchu to Samaipata, voluntary work and language schools, 95 maps, town plans and site plans. (5 x 8 1/2, 192 pages, bw maps)