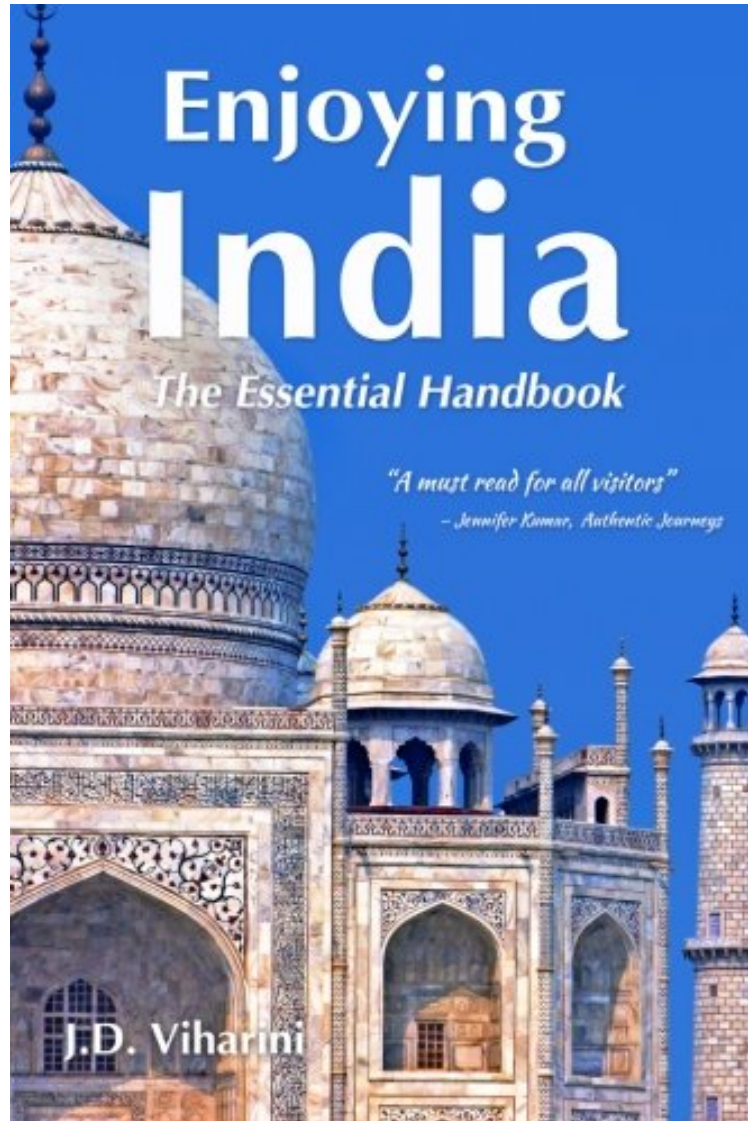


(Free pdf) Enjoying India: The Essential Handbook

## Enjoying India: The Essential Handbook

*J D Viharini*

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**J D Viharini : Enjoying India: The Essential Handbook** before purchasing it in order to gage whether or not it would be worth my time, and all praised Enjoying India: The Essential Handbook:

4 of 4 people found the following review helpful. The Best Book to Get Your Hands On!By Samantha RobinsonThis book seems to be one of the most informational and precise guides to traveling in India that I've come across. Whether you are male or female, this item allows you to understand the complex social differences in society. You will learn how to communicate efficiently, what is appropriate in regards to dress and personal space, how to maintain respect for yourself and for the natives of the country, and you will also learn how you can maximize the benefits of India and

the eastern ideology that makes this place so wonderful. Give this book a try. The author seems to know what she's talking about since she's lived there for so many years. 2 of 2 people found the following review helpful. A good read before visiting or moving to India. By Senior Consumer-in-Chief. Some reviewers felt the book was too tough and discouraged visitors. India is at that boundary of the third world and a glimmer of the first world. There are many things changing in India and yet thousands of years of history are staring you in the face. That isn't going to change, so accept it or stay at home. Her nitty gritty street situations sound totally believable. The discussion of language and customs seem spot on and helped me in retrospect understand conversations and dealing I have had with Indians here in the US. Politeness, honesty, and indirectness all in the same conversation are such an amazing Indian habit; I have never heard it so well explained. Saving face and preserving honor seem right in line with other Asian societies. The book gets a little long and tedious, but covering so many topics in such depth is the cause. Quite happy to have found and read the book in preparing for a visit. 2 of 2 people found the following review helpful. One of the most practical travel guides ever written is also a joy to read! By KLP. Enjoying India goes way beyond dry government travel advisories by covering so many of the cultural nuances and small details (everything from how to bargain with vendors to avoiding Delhi Belly to how to use a squat toilet) that make travel to the subcontinent unique. Viharini's love of India is infectious and the tone of the book is that of a no-nonsense loving older sister. The chapter on (East-West) cultural differences is one of the most concise and practical explorations of the topic. I have traveled internationally extensively and have never come across a book as practical or as much a joy to read as Enjoying India.

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". . . filled with simple and recommended wisdom as J. D. Viharini walks readers through the best ways to enjoy the cities and culture of this massive country well. From overcoming language barriers, cultural taboos, safety concerns, and many more, "Enjoying India" is a strongly recommended read . . . ."--Midwest Book About the Author. J.D. Viharini is a single woman who has lived and traveled alone extensively in India. She was born in California, but has spent more than two-thirds of her life in other states and other countries. Having earned an MS in Vedic Studies in Europe, she came to India in 1980 and loved it immediately, though she had to wait a few years for her next visit. She has been living in India for several years, and has traveled extensively throughout the country. Although she has an apartment in a remote village high in the Himalayas that's her home base, she tends to move around India with the seasons. She's spent time in nearly every part of India except the Northeast. Over the years, she has traveled around India first class, sardine class, and everything in between. From the Ritz to the pits, so to speak, she has stayed and dined in some of the most exclusive places in India and some of the least. She has stayed with families and attended their celebrations. She has rented apartments and learned how to contend with all that living here entails. She has experienced the intense, seething crowds of the Kumbha Mela and the serenity of the sparsely populated, high Himalayas. She has gone on pilgrimages and done business. She has been sick and learned how to stay well. She has made many friends and has come to regard India as home.