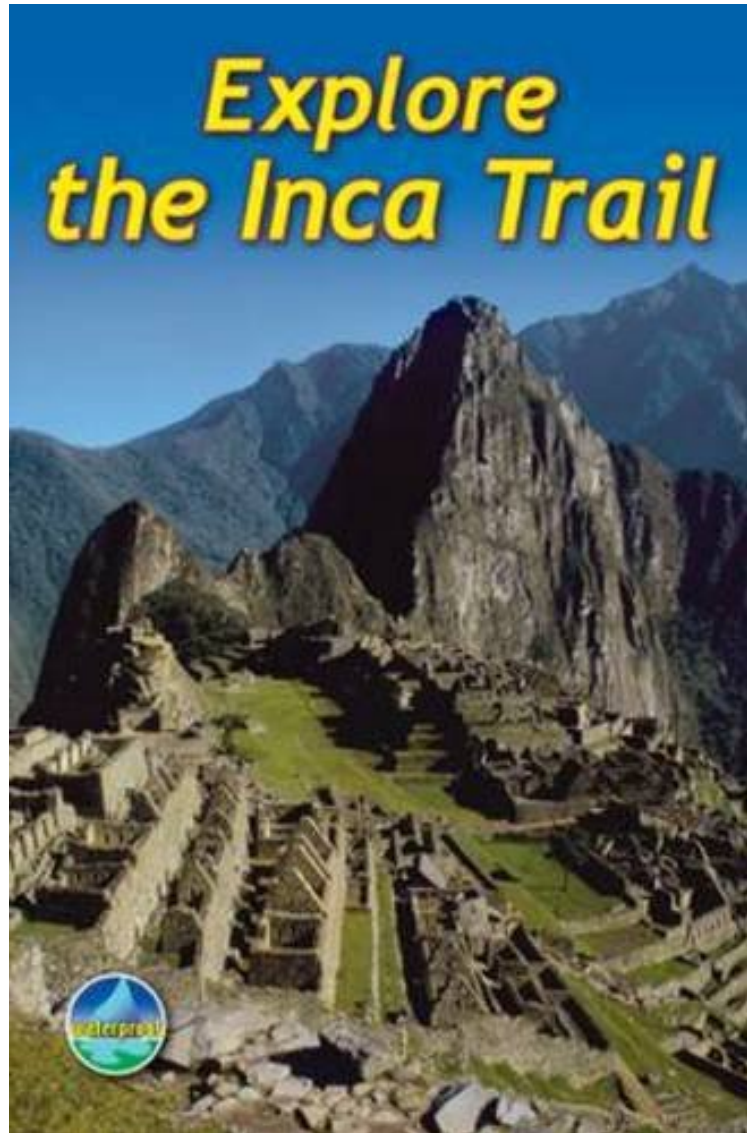


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Explore the Inca Trail

Jacquetta Megarry, Roy Davies
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Jacquetta Megarry, Roy Davies : Explore the Inca Trail before purchasing it in order to gage whether or not it would be worth my time, and all praised Explore the Inca Trail:

3 of 3 people found the following review helpful. THE Must-Have Piece of Reading During Your Hike!By JCDI purchased this book about a month before a planned Inca Trail hike/trek and I must say this book was EXTREMELY helpful in EVERY regard in preparing me (both physically and mentally!) for the hike. Not only did it include plentiful information and facts regarding things like altitude effects, physical preparedness musts and extensive lists of items for the trek, but it narrated an almost kilometer-by-kilometer (more so day by day) synopsis of what I'd see and

how the trail would proceed (curve here, climb there for X amount of time, etc.). The volumes I learned from this reader helped me mentally prepare myself for the Inca Trail challenge...I HIGHLY encourage anyone planning the trek to purchase this reader: a lot of valuable information paired with the fact that the reader is lightweight and waterproof (good things when bringing it on a 4 day/3 night hike!) make it a worthwhile purchase.0 of 0 people found the following review helpful. Great overview to tell you what to expectBy KatGeorgiaGreat information about the Machu Picchu climb and Peru!!! Format is excellent too since it can be scanned quickly and then poured through for more thorough information. I hate surprises and I felt this gave me enough information I have an idea of what to expect.0 of 0 people found the following review helpful. Not formatted for Kindle.By Kristy AndrewDO NOT BUY KINDLE EDITION. This book is NOT formatted for the KINDLE. (I have a Kindle Paperwhite). It's simply a series of greyscale, photocopied pages that are incredibly difficult to read. Text cannot be modified or searched. It looks like a great book otherwise.

The third edition of this popular guidebook contains everything the walker needs to plan and enjoy hiking the Inca trail to Machu Picchu in Peru, with three routes taking from 2-7 days. It includes advice on how to prevent and manage altitude sickness; background on Inca culture and the ruins; and advice on planning in the light of new Trail regulations. This 2011 edition has been released for the centenary of Bingham's "discovery" of Machu Picchu. It contains everything you need to plan and enjoy hiking a choice of three Inca Trails to Machu Picchu in Peru. Step-by-step sections cover the Classic trail (4-5 days), the longer, more strenuous trek from Mollepata (6-7 days) and the Shortest option (2 days). The book includes a drop-down map showing all three trails (three panels), plus a detailed site plan of Machu Picchu ruins (two panels); detailed description of Machu Picchu, with side-trips and photographs; background on Inca culture and stonework, Andean wildlife and modern Peru; advice on planning and preparation, including packing checklist and updated Trail regulations; medical advice on how to prevent and manage altitude symptoms; and a phrasebook in Spanish, Quechua and English. The book is in full colour, with over 80 photographs, printed on waterproof paper.

The overall layout is excellent. ... [includes] a delightful chapter on the wildlife that can be found in the Andes, together with a concise analysis of some of the principal conservation issues ... Many tourist books cover the Inca Trails to Machu Picchu, but with its overall thoroughness and excellent preparatory guidance, "Explore the Inca Trail" stands out from the rest and goes a long way towards enabling the traveller to truly live the trail. The British Bulletin of Publications on Latin America, the Caribbean, Portugal and Spain The guidebook is an ideal companion: it's lightweight, concise and full of advice which is highly pertinent. Some of that advice ... is suprisingly detailed for such a slim volume. Importantly it doesn't exceed its own brief - this is a guidebook specific to the Inca Trail with no dead weight ... It's ideal for those, like many heading off on charity fund-raising treks, whose goal is to enjoy this classic hike to one of the greatest sights on the planet. tgo (The Great Outdoors) review October 2002 This is no mere guide book: sure, it provides plenty of well written text and many superb illustrations (frightening mountain scenes, many Inca structures, and loads of wildlife - from condors and guanacos to marvellous tiny plants) to describe so much of that wonderful Andean wilderness. But it does a great deal more: here you find full details of every kilometre of each of those three routes, a wealth of health and safety information, even Spanish and local vocabulary. Online review at (.co.uk) The style is ideal for a trail guide - concise, readable, informative and entertaining. The maps are clear, cleverly packaged and totally usable. A wonderful array of photographs completes the package. Online review (.co.uk) --.About the AuthorJacquetta Megarry is an enthusiastic walker turned publisher. She devised the Rucksack Reader format to suit the needs of hikers, and walked all three trails to research and take photographs for this book. Roy Davies has now retired from the University of Exeter. Roy first walked the Inca Trail in 1989, and his long-standing interest in the Trail is reflected in his comprehensive website.