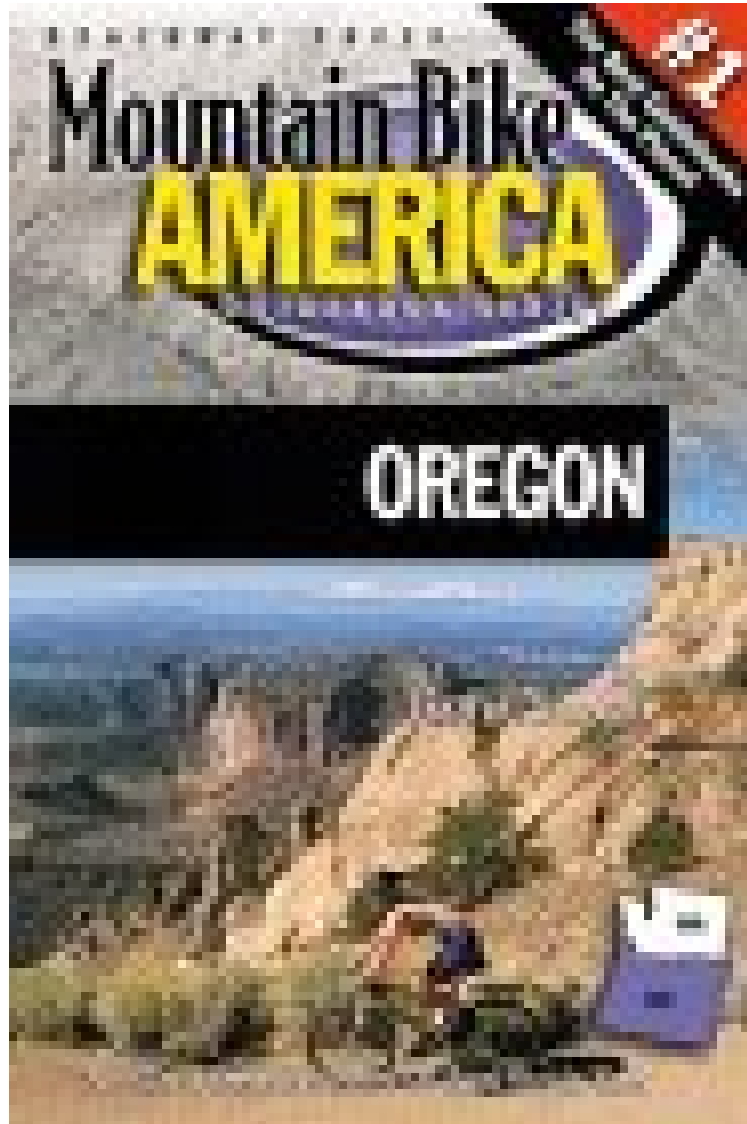


Mountain Bike America: Oregon: An Atlas of Oregon's Greatest Off-Road Bicycle Rides

Lizann Dunegan

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Lizann Dunegan : Mountain Bike America: Oregon: An Atlas of Oregon's Greatest Off-Road Bicycle Rides before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mountain Bike America: Oregon: An Atlas of Oregon's Greatest Off-Road Bicycle Rides:

5 of 5 people found the following review helpful. Comprehensive guidebook By A Customer I'm glad to finally see a comprehensive mountain bike guidebook that covers subjects that many readers want more information about. This

guidebook includes a section on mountain bicycle camping and biking with your dog. I've always wanted to take my gear with me and camp overnight and this section was very helpful. It lists outdoor vendors that carry camping gear and gives you a sample list of what you should bring. This book even has overnight a trail called "Haystack Lake" that is a good trail for those wanting to try their first overnight trip. I also have a dog and the "Mountain Biking with Your Dog" section gave a lot of practical advice I could use and also listed vendors that sell dog gear. I'm so glad to finally see a book that not only describes great trails but also is a great reference for other aspects of mountain biking!

1 of 1 people found the following review helpful. Guide Book for Beginners By D. Kuhns This is a good book with many interesting places to ride. The maps and directions are very detailed allowing the reader to easily find the featured trails in the book. The difficulty ratings are exaggerated however. The book seems to be geared toward beginning riders. All of the trails that I have checked out have turned out to be very easy regarding technical skill level. If you have ANY experience I would reduce the difficulty level by 1 (e.g. difficult to moderate, moderate to easy). The book is fairly thorough, but there are many great spots left out of the book. As far as the valley goes it leaves out what I would consider some of the Greatest Off-Road Bicycle Rides. MacDonald Forest, Rickreal, McKenzie River trail, Oakridge, etc... I would recommend the book, but I would HIGHLY recommend talking to your local bike shop for the hidden treasures of Oregon.

5 of 6 people found the following review helpful. awesome maps By A Customer This book is the first guidebook I've seen that truly has maps that are useful. They are so visually detailed and helpful that I would highly recommend this mountain bike guide to any new or experienced mountain biker. Oh yeah, when I'm on the road this book also gives me a lot of history and information about the area I'm visiting.

The Atlas of Oregon's Greatest Off-Road Bicycle Rides. Featuring more than 70 of the state's greatest mountain bike rides, this one-of-a-kind guide to the scenic state of Oregon takes you from the sculpted beaches and charming seaside towns of the Oregon Coast to sagebrush plains, high deserts, and the depths of Hells Canyon. Ride atop glacier-capped mountains, past cascading waterfalls, and around deep calderas. Mountain Bike Oregon guides you through this land of volcanoes, giving you a most unique look into its history, its culture, and its incomparable beauty. GPS-Quality, digitally-designed relief maps detailing each ride. Helpful ride locator maps get you to the ride without getting lost. Accurate route profiles show the ups and downs of each ride. Fascinating 3-D surface maps with dramatic views of the surrounding terrain. In-depth trail descriptions with difficulty ratings, schedules, and detailed route directions; PLUS local attractions, eateries, and more.

Beachway Press has done it again. Mountain Bike Oregon is the latest release from the publishers' Mountain Bike America Series. And just like all its earlier cousins, Mountain Bike Oregon is the only trail guide you'll ever need. Mountain Bike Oregon is simply the best available book on the market. Finally a trail guide with super accurate maps and details. Dunegan's fresh approach gives you the nuts-and-bolts of each ride and helpful tips about riding, camping, gear and even how to get your dog in shape for mountain biking. Then she provides a great list of bed and breakfasts, coffee houses, micro-breweries and other fun information about places to see and things to do. Mountain Bike Oregon contains trails for all levels of ability. You can try a three day outback tour of the southeast desert, ride on the rim of a giant volcanic caldera, pedal through Portland's Forest Park, or ride the Lithia Loop that starts in downtown Ashland. And there are over fifty more rides to choose from. If you love to mountain bike, and you ride in Oregon, you need this book. It is simply the best available book on the market. And at only \$15.95 it is a great buy. -- Dirt Northwest, May 1998

About the Author Lizann lives in Portland but finds solace and escape in open high desert and Cascade Mountains of Central Oregon where she grew up. She enjoys backcountry cycling and bicycle camping through this Northern Pacific countryside against the magnificent backdrop of the Three Sisters Mountains or along the shores of the Oregon coast. She started mountain biking many years ago after borrowing a friend's bike, and has since ridden off-road throughout the entire state of Oregon as well as toured the San Juan Mountains of Colorado. Lizann also enjoys hiking, trail running, cross-country skiing, spinning and dyeing wool, and herding sheep with her Border Collies. She works full-time as a technical writer for a Portland software company.