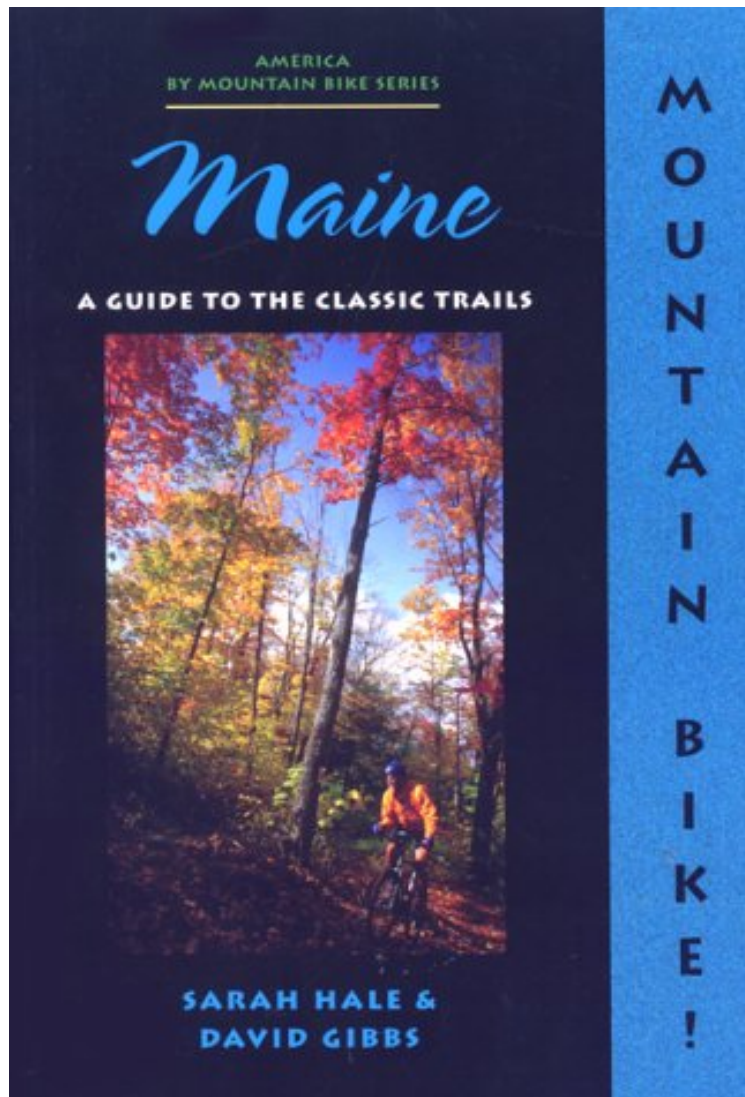


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Mountain Bike! Maine

Sarah Hale, David Gibbs

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Sarah Hale, David Gibbs : Mountain Bike! Maine before purchasing it in order to gage whether or not it would be worth my time, and all praised Mountain Bike! Maine:

0 of 0 people found the following review helpful. Great FindBy Margaret LoreGood resource for finding some mountain biking trails in Maine...is a bit outdated, there are probably more trails out there now but it is sufficient for me. All the details and maps on the pages are perfect!9 of 9 people found the following review helpful. The first touring guide I've ever read that actually works!By A CustomerUsually these types of books are about as fun to read as the phonebook; a maze of cookbook directions and boring narrative. Mountain Bike! Maine is an effective guide to riding which will please anyone who loves to ride and wants to explore the diverse trails of Maine. The authors have

thoroughly researched each ride and done a great job of cutting away the fat and leaving in the spice. Each trail description includes helpful information and history on the area in addition to accurate directions. I've lived in Maine for 20 years and practically every ride was new to me. From gearhead to mudbuster and nature lover to history buff, I recommend this guide as a great way to put some fun into your riding! 0 of 0 people found the following review helpful. Maine Resident Mountain Biker Who Loves It!!! By Matthew Rogers I thought I knew all the trails! Buy this book if you have any intention of ever riding a bike in Maine. This is coming from a guy who thought he would be able to write such a book. Seriously worth it, they offer great detail about specific times of year and how it can effect trail conditions, clear directions, great maps, and local policies. See you at Katahdin!

Why not begin your mountain bike tour of America in its most northeastern state. Sarah Hale and David Gibbs, who have padded, packed, and camped every corner of their home state, profile Maine's classic mountain bike trails. Fat-tire enthusiasts will revel in Maine's network of old, abandoned roads and the conversion of retired rail lines into multi-use recreational trails. 76 rides. Maps.

From the Back Cover From its rugged coastline to its highest mountains and largest lakes, Maine celebrates a landscape of diversity - a landscape that is as colorful as the changing seasons and as rich as the history that has been recorded here. From the flowering potato fields of Aroostook County to the Down East Coast blueberry barrens, Mountain Bike! Maine will introduce you to the thrill of exploring this fantastic region while helping you discover its most unforgettable rides. Mountain Bike! Maine provides detailed information on over 75 of the state's best rides, including tours through the western mountains and the island-dotted coastline. Authors Sarah Hale and David Gibbs have uncovered a diverse collection of trails that offer a wealth of enjoyment to fat-tire enthusiasts of all abilities. From gentle ambles along old rail beds to hard-core snow biking with studded tires, if it's good riding, it's profiled here. Each route profile features at-a-glance key information, a thorough ride description, a detailed trail map, helpful sources of information, proximity of important services, valuable commentary on elevation changes and possible hazards and a rescue index. This guide also features vivid descriptions of the native flora and fauna, a glossary of mountain biking terms, tips on mountain biking etiquette and fascinating historical and regional anecdote. (6 x 9, 408 pages, maps, bw photos)