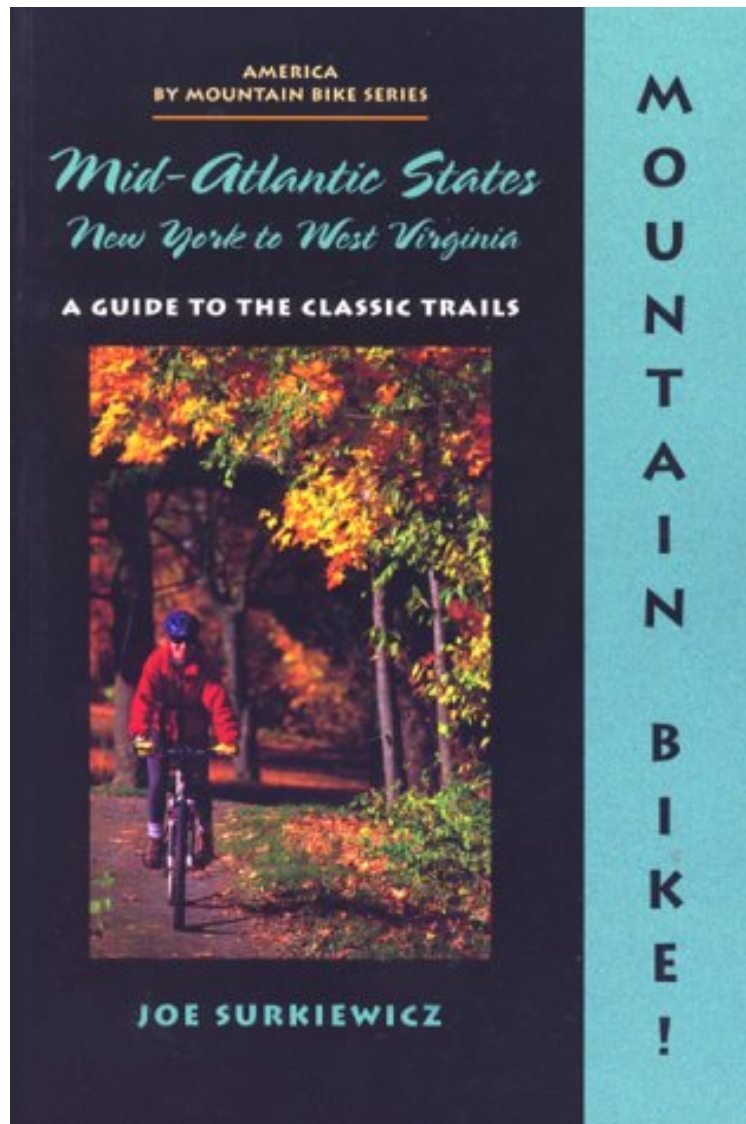


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Mountain Bike! Mid-Atlantic States: New York to West Virginia

Joe Surkiewicz

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0 of 0 people found the following review helpful. Great Info!By Daniel T. OldhamThis book is excellent for ANY mountain biker looking for trails to ride in his/her area.The reviews provided in this book are very accurate and spot-on. This book is a must-have!

Veteran author Joe Surkiewicz explodes the myth that the real outdoor action has moved West. To the contrary, there's plenty of wilderness action and adventure in the East for those who know where to look. Surkiewicz guides enthusiasts in their quest for the perfect trail for each outing - from weekend getaways in the rugged, remote wilderness of West Virginia to quick afternoon spins near many major metropolitan areas. This comprehensive, completely up-to-date guide to the breathtaking northern Mid-Atlantic region features over 100 rides throughout Delaware, Maryland, New York, New Jersey, Pennsylvania, and eastern West Virginia. This guide will amaze and thrill bikers with its diversity of excellent off-road tours. From Canadian-like tundra on the Allegheny Front in West Virginia to gentle paths along old railway routes in Pennsylvania's Poconos, aficionados will find trails to fit all skill levels and tastes. Each route profile features at-a-glance key information, a thorough ride description, a detailed trail map, helpful sources of information, proximity of important services, valuable commentary on elevation changes and possible hazards and a rescue index. This guide also features candid and evocative photographs, vivid descriptions of the native flora and fauna, a glossary of mountain biking terms, and tips on mountain biking etiquette.

From the Back Cover
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