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## Mountain Biker's Guide to New Mexico (Regional Mountain Biking Series)

*Sarah Bennett Alley*

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**Sarah Bennett Alley : Mountain Biker's Guide to New Mexico (Regional Mountain Biking Series)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mountain Biker's Guide to New Mexico (Regional Mountain Biking Series):

"New Mexico is an amazing mosaic, " says Sarah Bennett, veteran mountain biker and author of "The Mountain Biker's Guide to New Mexico" and "The Mountain Biker's Guide to Arizona." "Each of the Indian, Spanish, and Anglo cultures has a long history in this state, and the human mix is as fascinating as the contrasts between its mountains and deserts." From desert rides in the Rio Grande and Pecos river valleys to the high mountain trails of the Rocky Mountains, this book guides you to the "classic" fat-tire biking trails. Mountain bikers of all abilities will enjoy the assortment of rides--varying in length and difficulty and appealing to a variety of moods, skill, and fitness levels. Detailed route descriptions, maps, and listings of mountain bike shops in each area will guide you to the best trails around.