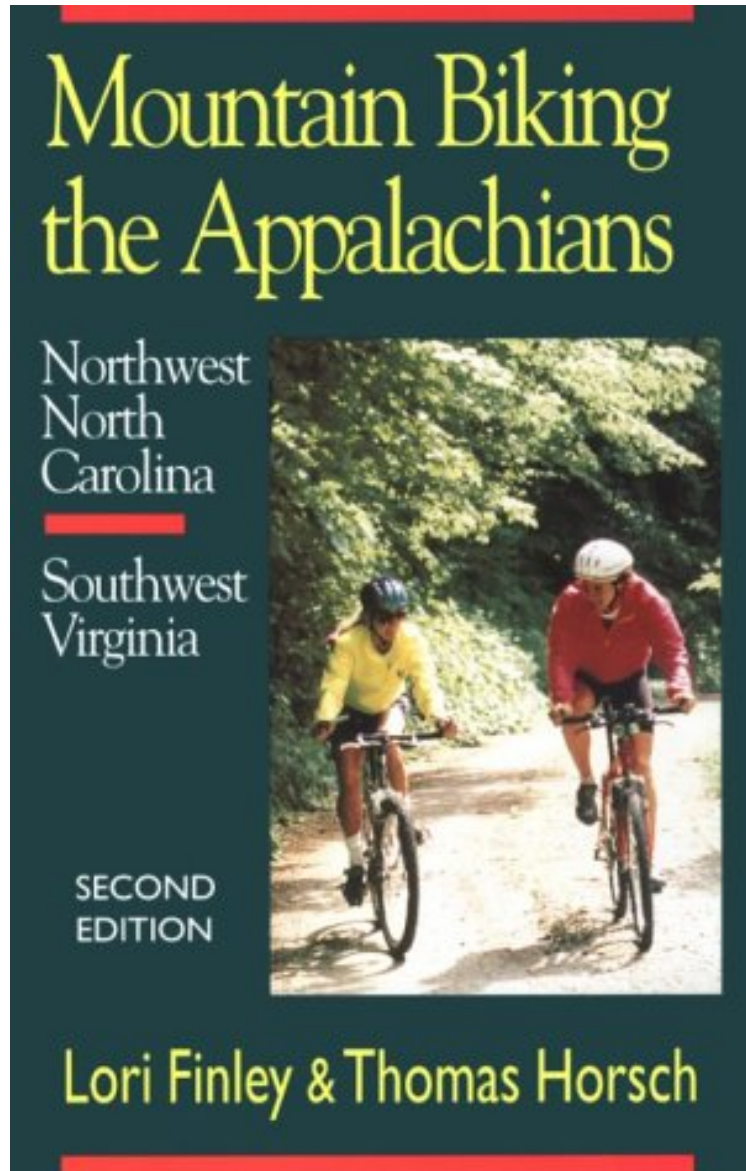


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found the following review helpful. Good for locating rides in the Boone, NC/Damascus, VA area
By Michael A. Church
This book gives the locations of a number of mountain bike rides in both the North Carolina High Country and the Mount Rogers National Recreation Area. The book is adequate, but you will probably need to buy maps of the areas that the book describes. This is not a problem, as the authors tell which maps are needed for each ride. The region that the book covers is very popular with people throughout the Southeastern US, for good reason: the scenery is unsurpassed, and the outdoor recreation opportunities are excellent!
0 of 1 people found the following review helpful.
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By Robert Henning
Don't waste your time and money on this book. The directions stink, the maps are awful, it's waaaaay overworded, and it has all the personality of a flat tire. Buy Timm Muth's book instead. Or anything for that matter.

Includes rides in the Boone-Blowing Rock-Linville area of northwest N.C. and Mt. Rogers National Recreation Area, the New River Trail State Park, and the Virginia Creeper Trail in southwest Virginia