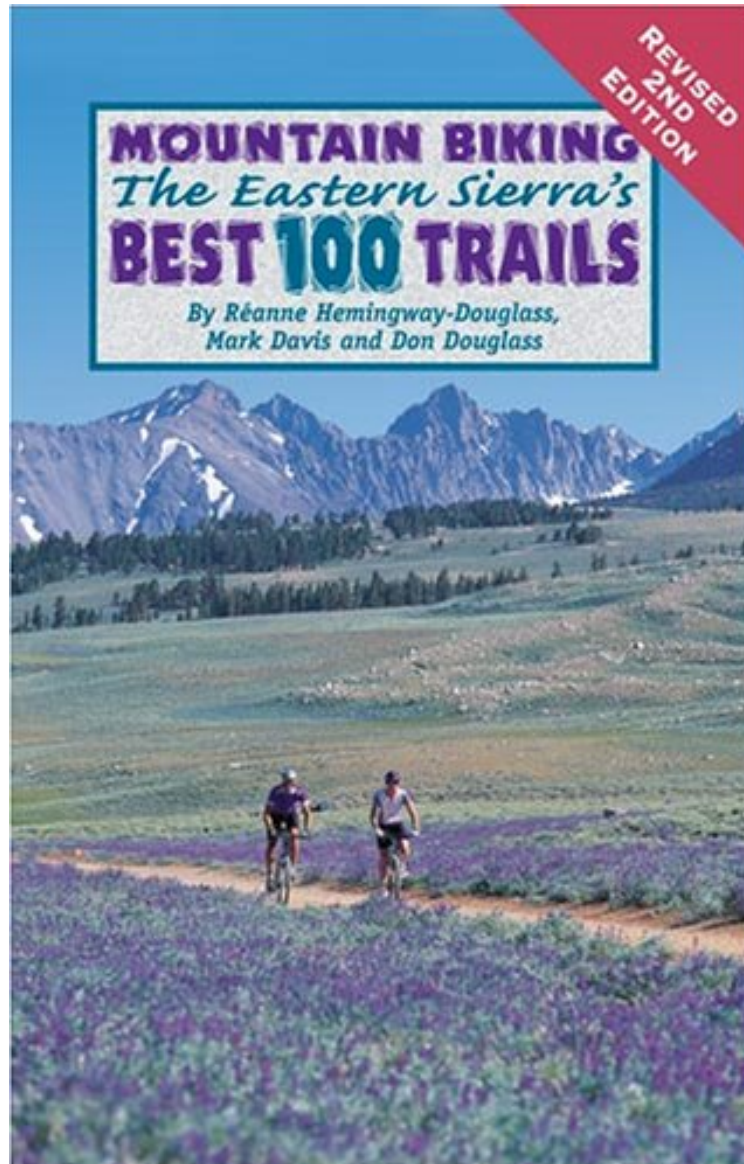


[Download pdf] Mountain Biking the Eastern Sierra's Best 100 Trails

Mountain Biking the Eastern Sierra's Best 100 Trails

Reanne Hemmingway-Douglass, Mark Davis, Don Douglass
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Reanne Hemmingway-Douglass, Mark Davis, Don Douglass : Mountain Biking the Eastern Sierra's Best 100 Trails before purchasing it in order to gage whether or not it would be worth my time, and all praised Mountain Biking the Eastern Sierra's Best 100 Trails:

0 of 0 people found the following review helpful. Great resource for exploring the Eastern Sierra by mountain bike.By Joel K.Bought this book as I was going to Bridgeport for the Bodie Bowl mountain bike event this past weekend. Wanted to have some rides to do the day before, to see how I feel riding at elevation (I live at sea level), and for after

the event since I had an extra morning to ride before heading home. This book was great! The descriptions details about the rides are spot on. Before the event, I did the Travertine Geologic Hot Springs ride (page 190)--a 3-mile out and back on dirt roads just outside of town. At 6,480' even 3 miles felt challenging, at first. Once I learned to spin a low gear I got my heart rate down and did fine. The hot springs and geologic formations there are amazing! I did some extra exploration and made it into a 5 mile ride. Then went back to the motel and had lunch. Felt pretty good, so went for another ride, the Twin Lakes Loop (page 193), about 8.5 miles in length at 7,000'. It's part dirt road, part paved, and part single track. Stunning views across the Twin Lakes with the mountains surrounding. The next day was the Bodie Bowl, a 30 mile ride that starts in the historic ghost town and runs through the surrounding Bodie Hills, with views of the Sierra mountains and Mono Lake. Highly recommended! Finally, on my way back home I was going to cross over the Sonora Pass, so elected to try the Leavitt Lake Ride (page 202), a 7 mile ride that starts at 8,500' and climbs to the lake at 9,500'. Certainly the most thin-air challenge I've had. The lake is spectacular, situated in a high-alpine bowl. The ride up is a hugely rutted jeep road, with single track around the lake. There are definitely hike-a-bike sections on the lake loop. The descent back down the dirt road at the end was a blast. I've now done 3 of the 100 rides, so need to plan to return! 0 of 0 people found the following review helpful. Outdated, but awesome starting place. By KP02192016 Kind of outdated, I thought it would have more singletrack, but I should've read the description. 0 of 0 people found the following review helpful. revisiting the sierras by fat bike! By huntertravels This book is a classic mountain bike trails book of the Eastern Sierras. Alot of these trails are not for the kinda modern riding style of trails but with the rebirth of Fatbikes those sandy trails are very fun again. I wanted to go back to the time of retro dare to say mountain biking this I think is the book for that.

Book by Hemmingway-Douglass, Reanne, Davis, Mark, Douglass, Don