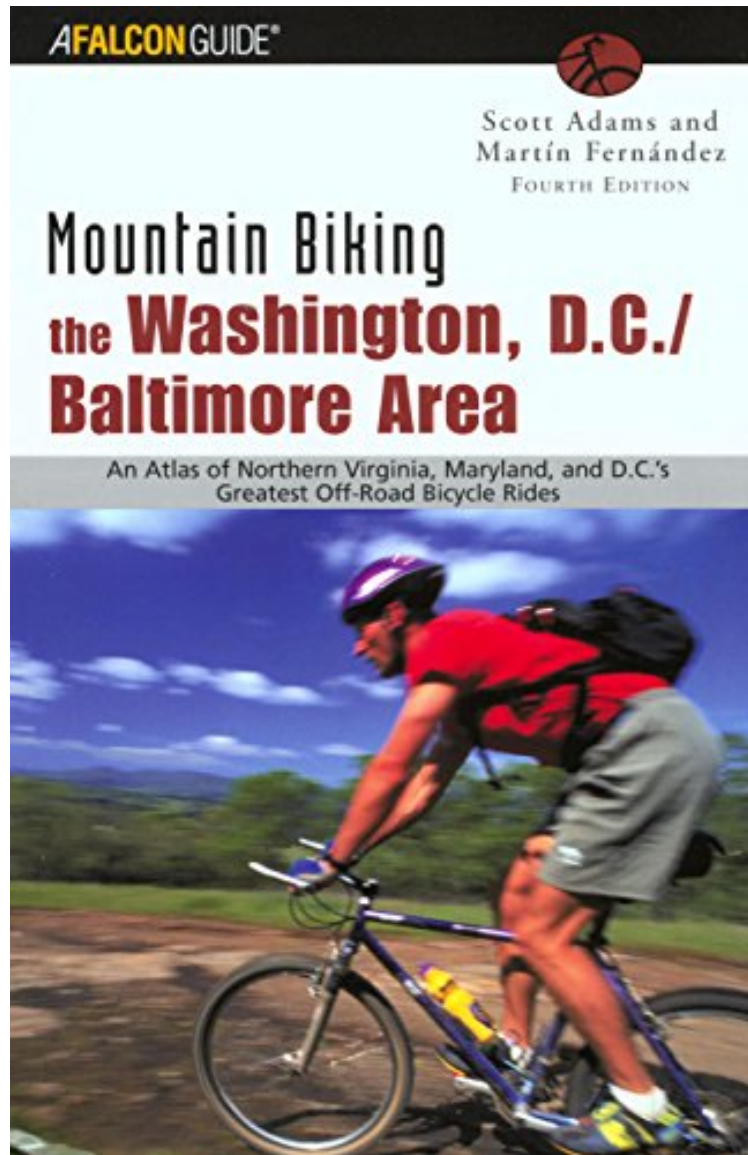


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## Mountain Biking the Washington, D.C./Baltimore Area, 4th: An Atlas of Northern Virginia, Maryland, and D.C.'s Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series)

Scott Adams, Martin Fernandez  
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before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mountain Biking the Washington, D.C./Baltimore Area, 4th: An Atlas of Northern Virginia, Maryland, and D.C.'s Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series):

1 of 1 people found the following review helpful. Three Stars  
By John Days  
Good book but getting outdated.  
4 of 4 people found the following review helpful. Great roundup  
By Michael P Burns  
I live in DC and it's difficult to find a good ride without taking an afternoon drive. This book is really thorough and helpful, with places I wouldn't have otherwise known about and more info than I already knew about other places.  
1 of 1 people found the following review helpful. Indispensable resource for local trails  
By Mike  
This is an indispensable guide for anyone who wants to explore the remarkable number of great trails located within about 4 hours of Washington, DC (most are located within 1-2 hours). Organized into regions and including areas from Shenandoah National Park to large secluded multi-use state parks to small suburban trail parks, and everything in between, this collection will keep you busy in and educated about the area's excellent offerings for many many years. About five years ago some buddies and I started consulting this book for what became regular weekend MTB outings, including some very difficult half-day trail rides and camping on a few occasions. A few years later after the friend in charge of selecting the weekend's trail moved to TX, he sent me the book with a note reminding of the good times and passing it down for my own (more-likely) use. It's now a go-to resource, in its second life, for day hikes with my wife. Success? She is constantly amazed at the beautiful gems we can reach in 1-2 hours time outside DC. Highly educational and revealing, and highly recommended.

Here is everything bicyclists need to know to enjoy off-road adventures in a region layered in more than its share of pavement. Plunge down steep, rugged singletrack over Maryland's Allegheny Mountains; relax along leisurely lakeside trails minutes from the Beltway; or travel off-road through Virginia's scenic horse country, stopping only for a taste of wine from the region's great vineyards. This guide shows both novice and experienced cyclists how to get out of the gridlock and into the woods. From this book cyclists can expect exhaustive and comprehensive trail descriptions, from beginner to advanced, GPS-quality, digitally designed relief maps detailing each ride and accurate route profiles showing the ups and downs of each ride. In addition detailed directions get them to the ride without getting lost. Detailed mile-by-mile directional cues are also provided with difficulty ratings, elevation gain, trail contacts, and much more.

"This book is such a valuable resource for mountain bikers that it probably should be included as a part of the sale of any new mountain bike in the region. The maps are phenomenal!"--Spokes Magazine  
"There are trail guides, and then there's the real deal. Trail descriptions are top-notch."--Bike Magazine