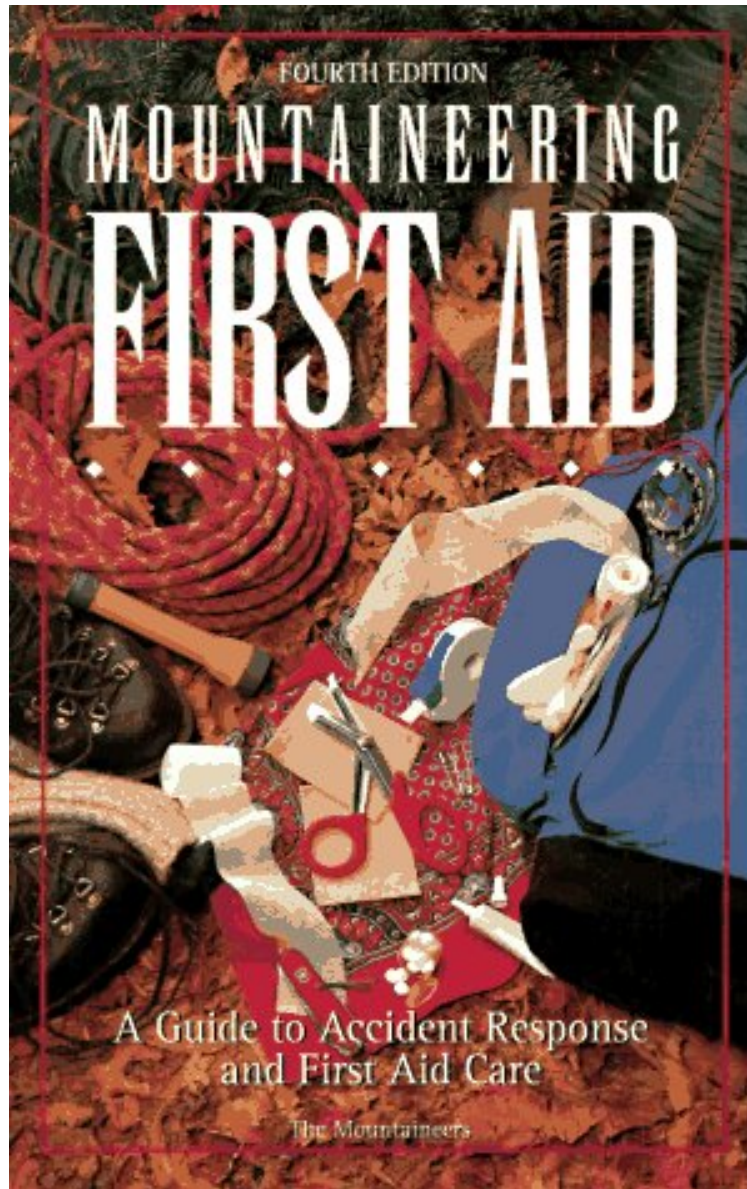


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Mountaineering First Aid: A Guide to Accident Response and First Aid Care

Jan D. Carline, Steven C. MacDonald, Martha J. Lentz
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Jan D. Carline, Steven C. MacDonald, Martha J. Lentz : Mountaineering First Aid: A Guide to Accident Response and First Aid Care before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mountaineering First Aid: A Guide to Accident Response and First Aid Care:

0 of 0 people found the following review helpful. Five StarsBy Nicki HaatajaGreat purchase.0 of 1 people found the following review helpful. Toss in a day pack, but would want more for a serious situation bag though.By T. OwensThe book arrived super quick, it took 3 days, very happy on that fact. The book itself is NOT a quick reference by any means, only a few scattered sketches in it and there are several pages that appear to be designed to be cut out and printed. Its a very small guide only about 170 pages. When I look for First Aid guides I do prefer diagrams , I mean we are talking about possibly cutting open a person, the risk of infection are very high in situations like this. Also not sure what makes this book listed as Mountaineering based, after reading through it I didn't really see anything that any other First Aid guide would not have addressed. For a simple , basic little guide to toss in your vehicle or day pack this would be ok, thats what Ill do with it, but find something a little more indepth that offers more detailed images. I buy tons of books relating to this subject through and seldom have I ever been disappointed, this one made the list.0 of 0 people found the following review helpful. Be readyBy MelanieThis is a must-have for anyone that's serious about backpacking! My husband thinks he knows everything, but I think it's best it be prepared so I went ahead and bought this last year. We haven't needed it yet, but I'm happy to have the knowledge and skills ready should the situation arise!

Describes first aid procedures and treatment for common mountaineering injuries.

A good start for people who want to learn about backcountry first aid. -- Arizona Daily SunContains enough common sense safety information to benefit anyone who spends time in the outdoors. -- The News-HeraldContains enough common sense safety information to benefit anyone who spends time in the outdoors. -- Willoughby (OH) News-HeraldDon't go into the woods without this book. -- Sweat magazinePacks a wealth of practical information into a small volume. --The CascadianAbout the AuthorA faculty member in Medical Education at the University of Washington, Jan Carline has been affiliated with the Mountaineering Oriented First Aid Program (MOFA) for over 15 years. Martha J. Lentz, Ph.D., R.N., is a faculty member of the University of Washington School of Nursing, and has been active in the MOFA program for over 20 years. Steven MacDonald, Ph.D, is an epidemiologist in the National Center for Environmental Health at the Federal Centers for Disease Control and Prevention, and has taught the MOFA course.